

Patient's Instructions

Postoperative Instructions for Excision of Facial Lesions

1. If you are having surgery at SCOP or MRH you are required to have a drive to and from surgery.
2. After your excision you will need to keep this area as dry as while showering or bathing until follow up appointment. You will keep the incision area covered with antibiotic ointment Polysporin or Bacitracin which can be purchased over the counter at any pharmacy. You will apply ointment 3-4 times a day.
3. Starting the day after your procedure you will clean the area twice a day with peroxide on a Q-tip. The incision needs to be kept clean from any crusting or dried blood. Reapply ointment after cleaning incision with peroxide.
4. It is not unusual to have some bleeding or oozing from your incision site after your procedure. You may place pressure on the incision site for 15 minutes to stop the bleeding. If bleeding does not stop please call our office to speak to a staff member at 910-295-0216.
5. You may have some slight redness and swelling at or around the incision. This is normal after a procedure. It will help to sleep with your head elevated for 24 hours after the procedure. Your swelling will peak around 48 hours after surgery.
6. If you have any excessive bleeding, fever of 101 or higher, redness, pain or yellow drainage after your procedure you will need to contact your doctor's office.
7. You will have a prescription for an antibiotic by mouth after your procedure. You will need to take this until gone to help to prevent any infection. The prescription is sent to your pharmacy from our office.
8. You may take Tylenol for pain. **DO NOT TAKE** ibuprofen, Aleve, or aspirin as these medications can thin the blood and cause you to have more bleeding or oozing from the incision site. **TYLENOL** only for pain. For larger procedures you will be given a pain medication prescription that will be sent to your pharmacy at your preoperative appointment.
9. If you have any issues please call our office at 910-295-0216 during normal business. If this is after hours you will need to call Moore Regional Hospital operator at 910-715-1000 and ask for the **plastic surgeon on call for Pinehurst Surgical Clinic**. If this is a medical emergency please call 911 or go to the nearest emergency room.
10. Our office hours are Monday-Thursday 8am – 5pm and Friday 8am -4pm.