

Surgery Center of Pinehurst
Home Instructions following Chalazion Incision/Drainage

DIET

- Nausea will occasionally occur and last 24-48 hours
- Go easy on food following surgery for the first day
- Start with sips of clear liquids, carbonated beverages, popsicles, or ice chips
- Later try soft foods such as ice cream, pudding, Jell-O, or soup.
- Appetite usually returns to normal by the second day

ACTIVITY

- Normal activity will not damage eyes
- Avoid swimming in a pool for 7 days and lake or ocean water for 2 weeks
- It is OK to fly at any time

MEDICATIONS

- Tylenol as needed for pain
- Cool compresses as needed for 24-48 hours to decrease swelling and any discomfort
- Antibiotic/steroid ointment or drops to the operated eye(s) 3 times a day for 7 days

APPEARANCE OF THE EYE

- Eyelid will be swollen and possibly appear bruised for up to 2 weeks
- You may see a pink tinge in the tears for 1-2 days

Call our office (910-215-2673) or Moore Regional Hospital (910-721-1000) to have Dr. McCormick paged if excessive pain, bleeding, discharge, or vision loss occurs.

Dr. McCormick