

Surgery Center of Pinehurst

Home Instructions after Blepharoplasty/Tarsal Strip

Activity: No bending at the waist, stooping, or heavy lifting for 7 days. No driving for 24 hours.

Diet: As tolerated

Wound Care: Keep dressing in place until your follow up appointment.

Seek Medical Care if:

- You develop bleeding
- You develop redness, swelling, or increasing pain in your eyelids
- You develop facial pain
- You have pus coming from the surgical site

Seek Immediate Medical Care if:

- You have a fever
- You develop a rash
- You have difficulty breathing
- You develop any reaction or side effects to medicines given

These discharge instructions provide you with general information on caring for yourself after you leave the surgery center. If you have any questions please call Dr. Whitaker at (919) 774-8631