

Surgery Center of Pinehurst Postop Instructions for Hydrocelectomy

Home Care:

1. Take pain medications as prescribed. Pain medications should be taken with food to diminish side effects such as nausea / vomiting. Pain medication may also dehydrate/constipate, so drink plenty of fluids. Do not drive a car or operate machinery as long as you are taking pain medication.
2. You may walk about if you are able, but do not overdo things. If you sit or lie down this will help with the swelling and make you feel more comfortable.
3. You may shower.
4. Wearing tight briefs will make you feel more comfortable when you are walking.
5. You can eat and drink as normal.
6. You may drive starting one day after your surgery but do not drive if you are taking pain medication.
7. The swelling from operation may not go down for 4-6 weeks.

Please call your Doctor if:

Fever above 101

The incision becomes red or swollen or there is drainage from it.

Pain not relieved by pain medication

You cannot urinate.

Dr. Michalak
(910) 295-0250