

Surgery Center of Pinehurst
Postop instructions for Hydrocelectomy

Home Care:

1. Take pain medication as prescribed. Pain medications should be taken with food to diminish side effects such as nausea/vomiting. Pain medications may also dehydrate/constipate, so drink plenty of fluids. Do not drive a car or operate machinery as long as you are taking pain medication.
2. You may walk about if you are able, but do not overdo things. If you sit or lie down this will help with the swelling and make you feel more comfortable.
3. You may shower and apply antibiotic ointment of choice 3 x daily for 2 weeks to incision.
4. Wearing tight briefs will make you feel more comfortable when you are walking.
5. You can eat and drink as normal.
6. You may drive starting one day after your surgery but do not drive if you are taking any pain medications.
7. The swelling from your operation may not go down for 4 -6 weeks.

Call your Doctor if:

1. The incision becomes red or swollen or there is drainage from it
2. You develop a fever of greater than 100.5
3. You cannot urinate
4. You cannot control your pain.

Dr. Griewe

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