

Home Care After Transurethral Resection of Bladder Lesion

The following instructions will help you care for yourself, or be cared for upon your return home today. These are guidelines for your care right after surgery only.

Diet

Drink plenty of liquids and eat light meals today.
Start your regular diet tomorrow.

Medications

Take over the counter pain medications (tylenol, ibuprofen) as needed.
If you have been prescribed a stronger pain medication, take as needed for breakthrough pain.
If you have been prescribed oxybutynin, this is to help with bladder spasms.
If a catheter was left in place, you will be prescribed an antibiotic to start 1 day prior to foley removal and continue for 3 days.

Foley Care (if one was left in place)

Clean your Foley catheter twice a day with soap and water and as needed.
Make sure that all drainage tubes lie flat underneath clothing and remain unkinked.
Bladder Spasms: It is common to have bladder spasms. If you feel like you need to urinate and the sensation goes away when you do, it is likely a bladder spasm. *If the sensation does not go away and your catheter is not draining, notify your physician.*
If catheter falls out: If your catheter would fall out, please contact your physician's office and go to MRH.

Remove your foley at home in 3 days. See provided handouts for instructions.

Anesthesia Precautions & Expectations

After anesthesia, rest for 24 hours.
Do not drive, drink alcoholic beverages or make any important decisions during this time.
General anesthesia may cause a sore throat, jaw discomfort or muscle aches.
These symptoms can last for one or two days.

What to Expect after Surgery

Mild pain with voiding.
Frequency or urgency.
Bladder cramps.
Minimal bleeding with voiding.

Call your Doctor

Passing clots in urine preventing bladder emptying
Severe pain not controlled by oral medication
Temperature above 100.5 degrees
Inability to urinate within eight (8) hours after surgery

Follow-up

You will be arranged for an appointment to review pathology in 2 weeks.

Dr. Ballinger (910) 621-3800